**Ilminster Avenue Nursery School**



**Play a Game**

* Develop fine motor skills to make purposeful and controlled marks, linked to telling familiar stories.
* Make choices about the physical skill they need for the task e.g. should I run, walk crawl across the plank?
* Independently following the whole toileting sequence.
* To hold scissors correctly to cut out desired shape with purpose.
* Joining in with small groups to make up their own physical game.

**Vocabulary:** action words, directional words

**Make a Healthy Snack**

* Learning about making healthy choices in terms of food and drinks.
* Begin to develop awareness of keeping our bodies healthy e.g. brushing our teeth.
* Develop elbow pivot: using smaller brushes, rollers etc. Engage in Dough Disco
* Be able to skip, hop and stand on one leg
* To show some control over one handed tools: scissors knives: to make snips in paper, chop veg, spread butter

**Vocabulary:** recipe, cooking utensils, naming parts of our body, healthy/not healthy, verbs: spreading, chopping.

 **Make Your Own Playdough**

* Develop wrist pivot to make small, more controlled marks with chalk, paint, pens, e.g., recognisable figures.
* Show a preference for a dominant hand and developing a comfortable pen grip.
* To cut with one hand, using other hand to hold paper or material, moving it around.
* Pour and mix with control

**Vocabulary:** Nip-flip-grip, verbs: mixing, combining, kneading, rolling

**Contribute to a Performance**

* Choose the right resources to carry out their own plan.
* Collaborate with others to manage large items e.g., carrying a large plank, move with rhythm in a group
* Develop fine motor skills to make purposeful and controlled marks e.g. write their own names, letters linked to phonics
* To use scissors confidently to cut thicker materials, such as card.

**Vocabulary:** collaborate, team work, compromise

**Physical Development**

Physical activity is vital in children’s all-round development, enabling them to pursue happy healthy and active lives. It is crucial that we support children to develop their core strength, stability, balance, spatial awareness, co-ordination and agility. Gross Motor skills help to provide the foundations for developing healthy bodies and social and emotional well-being. Fine motor control and precision helps with hand-eye-co-ordination, which is later linked to early literacy. This will allow children to develop proficiency, control and confidence.

* **Learn a Nursery Rhyme**
* Use one handed tools and equipment, for example; making snips in paper.
* Be prepared to independently try self-help skills e.g. washing hands, changing their clothes, putting on their coats.
* To develop shoulder pivot: using mops and brushes, engage in Write Dance

**Vocabulary:** words from Nursery rhymes, words to describe actions

**Being happy at Nursery**

* Develop warm and supportive relationships with adults.
* To settle in to their new environment and begin make decisions about selecting and using resources.
* Be able to ride on a bike/scooter or trike, develop actions that depend on the shoulder pivot.
* To uses two hands on scissors to cut paper, tears paper with two hands.

**Vocabulary:** naming resources, routines, verbs, learning names of adults and peers