 **Ilminster Avenue Nursery School**

**I can manage my water bottle/Lunch box!**

* I know which water bottle/lunch box belongs to me.
* I can get my bottle/bag by myself and out it away in the right place.
* I can communicate my need for a drink.
* I can ask for help to open packages at lunch time.
* I can try to open packets using my “pinchy fingers”.
* I can open packages/boxes by myself!

**I can Put n My Shoes**

* I know which shoes belong to me.
* I can use my hands to help me to try to out my foot in my shoe.
* I can math my shoes and start to be aware that they go on different feet.
* I can slide my foot into my shoe more easily and secure with the Velcro.
* I can practise my skills.
* I can put my shoes on by myself!

**“Back to Basics”**

Teaching children the skills to be independent and solve their own problems is the foundation of our entire curriculum. We recognise that these key life skills are a learning process for children, needing mindful adult support alongside. A child’s stage of development is reflected in their ability to learn and succeed. However, we recognise that breaking down the skills into specific sequences and small “tasks”, will help us to better support children with developing and being successful at each part of the sequence. Giving children time to “struggle” and become independent will help them to develop skills for life.

**I can Solve My Own Problems!**

* I can play alongside an adult and can accept their play ideas too.
* I can engage in Conflict Resolution and Emotion Coaching with support.
* With an adult supporting me, I can begin to make suggestions to solve a problem.
* I am resilient and will keep trying when something is tricky.
* I can suggest more than one idea to solve a problem.
* I can see a problem through to the end.

**I can use the Toilet by Myself!**

* I am confident in my environment and know where the bathroom is.
* I can pull down/up my clothing with encouragement.
* I can communicate when I am wet/soiled.
* I can pull down my clothes to sit on a potty.
* I know when I need the toilet and will wee/poo on the potty/ toilet.
* I can use the toilet by myself!

**I Can Help to Tidy up!**

* I can follow the routine of the day.
* I am happy in my environment and can explore all areas.
* I can match objects that are similar.
* I can find objects that I have been asked for.
* I make choices and find the objects I need.
* I can put away objects when I have finished, sometimes with reminders.

**I can put on my Coat!**

* I know which coat belongs to me.
* I can hang my coat on my peg with support.
* I can put my coat on when encouraged by an adult: “flip, flop, over the top.”
* With support I can turn the sleeves to the right way.
* I can manage my coat independently.
* I can work hard to do up my zip/buttons.